



WEEKLY PRAYER LIST

Please join us in lifting up these brothers and sisters in prayer:

*Mavis Wold
Shar Lauster
Norma Gilbertson
Arlene Finke
Marian Henjum
Nancy Hengel*

*Sharon Quick
Sue Birch
Chet Janasz
Harvey Johnson*

To be added or removed from the weekly prayer list, please contact the church office (office@crossofglory.us) or call 763-533-8602.

You are also welcome to stop at our community prayer wall just outside the sanctuary to add a written prayer, fold it up and place it between the wooden pieces in the wall. Further instructions can be found at the prayer wall.

The Fourth Sunday in Lent



March 27, 2022

“Held Captive by Worry— Freed for Rest”

*Cross of Glory Lutheran Church
Brooklyn Center, MN*

PRELUDE

WELCOME

CONFESSION + FORGIVENESS

Pastor: In the name of God, † Father, Son, and Holy Spirit, in whom we are set free. **All: Amen.**

(Silence is kept for reflection)

Holy One,
**we confess our captivity:
the ways we draw boundaries between us,
the ways we let fear separate us from our neighbors in need,
the ways we take part in death-dealing forces, rejecting your gift of life,
the ways worry consumes us,
the ways our possessions possess us,
and the many other powers that hold us captive.
Forgive us, O God, and free us,
that through the power of your love,
we might live to love one another. Amen,**
Beloved in Christ, where the Spirit of the Lord is, there is freedom.
In Jesus, God comes to you again and again, forgives you, and sets you free. Live now in this wild and holy freedom to love one another.
Amen.

*** Please stand as you are able ***

MUSIC

Joyous Light of Heavenly Glory

Joyous light of heavenly glory, loving glow of God's own face,
you who sing creation's story, shine on every land and race.
Now as morning breaks around us, we shall raise our songs to you,
God of daybreak, God of shadows, come and light our hearts anew.

- **Welcoming Refugee Neighbors** - CAPI has asked for COG's help in welcoming Afghani families to the area. If you're able to provide some high need items for our new neighbors, visit <https://a.co/7LWz5BS> to view their Amazon wish-list and purchase an item. See the March Glory Banner for more information.

- **Bible Study** - All are welcome to take part in Bible Study Tuesday mornings at 9:30 am via Zoom or in person. We're using the Augsburg Fortress booklets, looking at the upcoming Sunday's lesson. Reach out to Pastor Ali if you need a booklet or would like more information.

- **Individual & Home Communion** - If you are not able to attend worship in person but are interested in having communion at church or brought to your home, please reach out to Pastor Ali to set up a time.

- **Pastoral Care** - Pastor Ali's pastoral care office hours--virtual or in-person--are Tuesdays from 10:30-1:30 and Wednesdays from 2-5, and home/care facility visitation hours are Thursdays from 3-5. Please reach out to her if you'd like to connect!

WORSHIP LEADERSHIP

Pastor: Rev. Ali Tranvik

Vocalist, choir, and handbell director: Keith J. Williams

Pianist, vocalist, worship team director, tech director: Mark Trease

Vocalist: Kris Simon

Lector: Kim Jacobson

Greeters: Arlene Kosek and Marie King

Technical Team: Ryan Bailey, Dawn Bailey, and Bill Bailey

Ministers: The people of Cross of Glory

COMMUNITY ANNOUNCEMENTS

- **Midweek Lenten Prayer** - Join us for Lenten prayer service each Wednesday at noon. We'll gather on Zoom for a short time of "Lectio Divina," a contemplative practice of praying through scripture. Connect by phone or computer using the same Zoom info we use for Sundays. Service recordings will be posted on our website.
- **Want to Know More About COG?** - If you're interested in learning more about life together at Cross of Glory, or joining as a new member, please reach out to Pastor Ali (atranvik@crossofglory.us).
- **Upcoming Meetings** - *Vision and Vocation Team* will meet next Sunday April 3rd at 10:45 in the library.
- **Fellowship Hour** - We have resumed Fellowship Hour after Sunday worship, beginning with coffee. In order to serve food in the future, we need people for set-up and clean-up each week. Please sign up to help on the list at the usher's table in the back or by calling the church office. Thank you!

In the stars that grace the darkness, in the blazing sun of dawn,
in the light of peace and wisdom, we can hear your quiet song.
Love that fills the night with wonder, love that warms the weary soul,
Love that bursts all chains asunder, set us free and make us whole.

You who made the heaven's splendor, every dancing star of night,
make us shine with gentle justice, let us each reflect your light.
Mighty God of all creation, gentle Christ who lights our way,
loving spirit of salvation, lead us on to endless day.

THANKSGIVING

Leader: May God be with you all.

ALL: And also with you.

L: Let us sing our thanks to God.

A: It is right to give God thanks and praise.

L: Blessed are you, Creator of the universe, from old you have led
your people by night and day. May the light of your Christ make our
darkness bright, for your Word and your presence are the light of our
pathways, and you are the light and life of all creation.

A: Amen.

PSALMODY

This song, drawing on the words of Psalm 141, begins in unison then breaks into a two-part round. Those seated in the front of the sanctuary, sing Part I. If you're seated in the back, sing Part II (if you're worshipping online, sing either!).

Refrain (begins in unison):

Let my prayer rise up as incense before you,
the lifting up of my hands as an offering to you.

Part I & II (sung as a round):

O God, I call to you, come to me now;
hear my voice when I cry to you. (*Refrain*)

Keep watch within me, God;
deep in my heart may the light of your love be burning bright.
(*Refrain*)

All praise to the God of all, Creator of life;
all praise be to Christ and the Spirit of love. (*Refrain*)

*** Please be seated ***

(Silence is kept for reflection)

PRAYER

Pastor: Let us pray together...

ALL: May our prayers come before you, O God, as incense, and may your presence surround and fill us, so that together with all creation, we might sing your praise and your love in our lives. Amen.

FIRST READING Matthew 11:28-30

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

Leader: The word of the Lord.

ALL: Thanks be to God.

SECOND READING Philippians 4:4-9

Rejoice in the Lord always; again I will say, rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is

LORD’S PRAYER

God, remember us in your love, and teach us to pray:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

ANNOUNCEMENTS

BLESSING

*** Please stand as you are able ***

Leader: Let us bless our God.

All: Praise and thanks to you.

Leader: May God, Creator, bless us and keep us, may Christ be ever light for our lives, may the Spirit of love be our guide and path, for all of our days.

Amen.

DISMISSAL

P: Go in peace. Live in freedom.

ALL: Thanks be to God!

POSTLUDE

MUSIC CREDITS

The Order of Service is from Evangelical Lutheran Worship which is commended for use in the Evangelical Lutheran Church in America.

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Great and mighty are you, O Faithful One,
strong is your justice, strong your love,
As you promised to Sarah and Abraham, kindness forevermore.

My soul proclaims your greatness, O God,
and my spirit rejoices in you,
You have looked with love on your servant here,
and blessed me all my life through.

PRAYERS OF THE PEOPLE

Refrain (sung by all after each verse):
God of mercy, hold us in love.

Leaders:

1. In peace, in peace we pray to you
2. For peace and salvation, we pray to you
3. For peace between nations, peace between peoples
4. For we who are gathered to worship and praise you
5. For all of your servants who live out your gospel
6. For all those who govern that justice might guide them
7. For all those who labor in service to others
8. Grant weather that nourishes all of creation
9. Keep watch on our loved ones and keep us from danger
- 10: For all the beloved who rest in your mercy

L: Help us, comfort us, all of our days.
ALL: Keep us, hold us, gracious God.

Pastor: Great and merciful † God, Source and Ground of all
goodness and life, give to your people the peace that passes all
understanding, and the will to live your Gospel of mercy and justice,
through Jesus Christ our Lord. **Amen.**

commendable, if there is any excellence and if there is anything
worthy of praise, think about these things. Keep on doing the
things that you have learned and received and heard and seen in
me, and the God of peace will be with you.

Leader: The word of the Lord.

ALL: Thanks be to God.

SPECIAL MUSIC

CHOIR

GOSPEL READING Luke 10:38-42

*** Please stand as you are able ***

P: The Gospel according to Luke the tenth chapter.

ALL: Glory to you, O Lord.

Now as they went on their way, he entered a certain village, where a
woman named Martha welcomed him into her home. She had a
sister named Mary, who sat at the Lord's feet and listened to what he
was saying. But Martha was distracted by her many tasks; so she
came to him and asked, 'Lord, do you not care that my sister has left
me to do all the work by myself? Tell her then to help me.' But the
Lord answered her, 'Martha, Martha, you are worried and distracted
by many things; there is need of only one thing. Mary has chosen the
better part, which will not be taken away from her.'

Leader: The Gospel of the Lord.

ALL: Praise to you, O Christ.

*** Please be seated ***

SERMON

Pastor Ali Tranvik

TIME FOR REFLECTION

You're invited to silently reflect and pray, meditating on the following questions:

- *In what ways are you captive to worry?*
- *What might being freed for rest look like in your life?*

SPECIAL MUSIC “God of Every Daughter” The Conviction Band

*** Please stand as you are able ***

CONFESSION OF FAITH

Apostles Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God’s only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.**

**On the third day he rose again;
he ascended into heaven,**

**he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen**

SHARING OF THE PEACE

The peace of the Christ be with you always.

And always with you.

Let's share a sign of God's peace with one another.

*** Please be seated ***

BLESSING OF THE OFFERING

Offering plates are located just outside the sanctuary. We invite you to drop off your offering before or after the service. If you're worshipping with us virtually, we invite you to make an offering by sending a check to the church or by visiting our secure online giving page at www.crossofglory.us. Thank you for your generosity!

THE ANNUNCIATION + MAGNIFICAT

Leader: An angel went from God to a town called Nazareth to a woman whose name was Mary.

The angel said to her, “Rejoice, O highly favored, for God is with you. You shall bear a child, and his name shall be Jesus, the Chosen One of God most high.”

And Mary said, “I am a servant of my God, I live to do your will.”

ALL: My soul proclaims your greatness, O God,
and my spirit rejoices in you,
You have looked with love on your servant here,
and blessed me all my life through.
Great and mighty are you, O Holy One,
strong is your kindness evermore.
How you favor the weak and lowly one,
humbling the proud of heart.

You have cast the mighty down from their thrones,
and uplifted the humble of heart,
you have filled the hungry with wondrous things,
and left the wealthy no part.