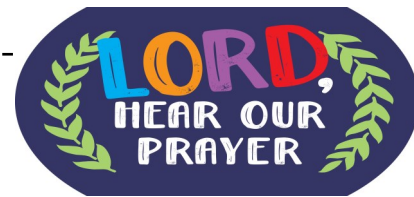


questions

•**Synod Youth Choir** - Kids ages 5-18 are invited to take part in synod-wide choir. This is a great way to grow in relationship with one another, in musicianship, and in faith! Youth will gather at 10 AM on the last Sat of the month January-April 2026 (rotating location). They'll sing at Synod Assembly on May 2nd and have a spring concert on May 17th. Reach out to Pastor Ali to get involved!

•**Pastoral Care & Visitation** - If you're in need of care, prayer, or conversation, reach out to the office to be connected with the pastor or our Care & Visitation Team. We also invite you to stop by our Community Prayer Wall located just outside the sanctuary.



*Please join us in lifting up these brothers and sisters in prayer:*

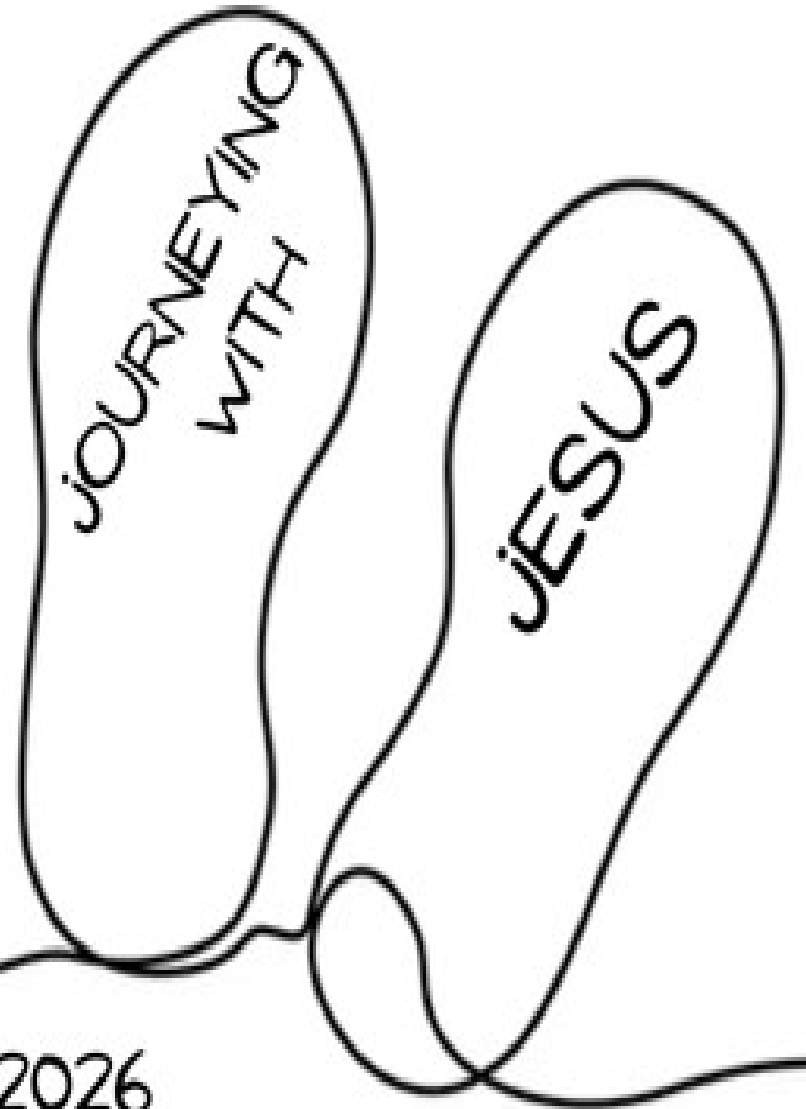
*Norma Gilbertson  
Jeannie Kuzmich  
Eric Thompson & family  
Becca and Donald Floyd*

*Iva Stockdill  
Lois Tollefsrud  
Marian Priest  
Don Earnest*

*To be added or removed from the weekly prayer list, please contact the church office ([office@crossofglory.us](mailto:office@crossofglory.us)) or call 763-533-8602.*

*You are welcome to stop at our community prayer wall just outside the sanctuary to place a written prayer in the wall. Further instructions are at the prayer wall.*

The  
Third  
Sunday  
In Lent



LENT 2026  
JOIN US ON THE ROAD...

**Cross of Glory Lutheran Church**  
**March 8, 2026**



Each Sunday morning and Wednesday evening this Lenten season, we'll explore stories that invite us more deeply into the Lenten journey. In this season of reflection and repentance, prayer and fasting, we'll be reminded that we do not journey alone. God walks with us. And we walk with each other. Join us for the journey.

New Creation Midweek Lenten Rotation: 5:15 pm soup supper, 6 pm worship: \*Soup provided. Bring bread/salad/sides to share.

- Mar 11: FLW
- Mar 18: First
- Mar 25: COG

## Gathering

### PRELUDE

### WELCOME

### CONFESSION AND FORGIVENESS

P: Blessed be the holy Trinity, † one God, who forgives all our sin, whose mercy endures forever.

**A: Amen.**

Let us confess our sin before God and one another.

*\*\*Silence for reflection and repentance.\*\**

Gracious God,

**have mercy on us according to your steadfast love.**

For seeking worldly delights that deceive us and dishonor you:

Gracious God,

**have mercy on us according to your steadfast love.**

For relying on ourselves instead of hungering for your word:

Gracious God,

**have mercy on us according to your steadfast love.**

For failing to recognize your presence in our midst, and for hindering the work of the Spirit:

Gracious God,

**have mercy on us according to your steadfast love.**

## COMMUNITY ANNOUNCEMENTS

•**Coffee Fellowship Hour** - Join us after worship for a time of food and fellowship in the Fellowship Hall.

•**Easter Garden**— today is the final day to order plants to adorn the sanctuary for the Easter season. We invite you to fill out the insert to complete your order.

•**Support Kids Heading to Camp Wapo** - Camp youth will be at the front doors after worship beginning today with Gertens plant sale information for you. 30% of all flowers and 15% of gift cards will be used to support our campers this summer. You can take a card to order at home, or have one of our youth help you order online with you today! Your support goes a long way to help offset the cost of camp.

•**Bonhoeffer Class** - Mark your calendars for Wed, March 11 and 18 at 7 pm (after Lenten worship), when Rev. Dr. Mark Tranvik--Professor of Reformation History and Theology at Luther Seminary--will teach a two-session class exploring Bonhoeffer and what his witness means for us as people of faith today. These will take place at the church hosting each Lenten service see below for schedule.

•**New Creation Lenten Soup Suppers & Evening Prayer** - COG, FLW, and First are hosting rotating midweek Lenten gatherings as we move more deeply into the theme of "Journeying with Jesus." Each Wednesday during Lent, come anytime after 5:15 for soup supper, bring side to share. Worship is at 6 pm, and will conclude in time for music rehearsals at 7 pm. Free will offering goes toward helping kids go to Camp Wapo this summer!

•Mar 11: FLW (Bonhoeffer class at 7 pm)

•Mar 18: First (Bonhoeffer class at 7 pm)

•Mar 25: COG

•**Two Letters from Birmingham**- is a Readers Theatre play that dramatizes events surrounding famous letters from when Dr. Martin Luther King Jr. was in the Birmingham jail; and will be performed as a wildfire event. An interest meeting will be held at 5pm on Wednesday March 18th at House of Hope. If you are interested in performing, helping backstage please come. Contact Mark Jensen at [msjensen@aol.com](mailto:msjensen@aol.com) or Ben Allen at [bgallen@carelton.edu](mailto:bgallen@carelton.edu) with any

**Give us faith to go out with good courage.  
Not knowing where we go,  
But only that your hand is leading us,  
And your love supporting us,  
Through Jesus Christ our Lord.  
Amen!**

## DISMISSAL

L: Go in peace. Serve the Lord.  
A: **Thanks be to God.**

## POSTLUDE

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## MUSIC CREDITS

The Order of Service is from Evangelical Lutheran Worship which is commended for use in the Evangelical Lutheran Church in America.

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Text: Translated from a Celtic chant of the Céile Dé order

Music: Ruth Cunningham

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## WORSHIP LEADERSHIP

**Pastor:** Rev. Ali Tranvik

**Director of Choirs:** Keith J. Williams

**Worship & Tech Director:** Mark Trease

**Vocalists:** Johnetta Freeman, Erik Haugland, Kris Simon

**Guitar:** Josh Smith, Steve Sebald

**Technical Team:** Dawn, Ryan and Bill Bailey

**Greeters:** Gordy and Maggie

Johnsrud

**Reader:** Carolyn Nottingham Davis

**Ushers:** Kim Schoffstall, Jeffline Tolbert, Cheryl Anderson, Don Halverson

**Fellowship:** Julie and Dan Aulwes

**Ministers:** The People of Cross of Glory

For drawing from the well of self-serving ambition,  
and for resorting to our own comforts and conveniences regardless of  
the cost to others:

Gracious God,

**have mercy on us according to your steadfast love.**

For failing to heed the voices from the margins, for neglecting to share  
our bread:

Gracious God,

**have mercy on us according to your steadfast love.**

For distrusting signs of your healing and hope in the world,  
and for disregarding Christ's call to come forth to life:

Gracious God,

**have mercy on us according to your steadfast love.**

God's steadfast love, grace, and forgiveness abound. Through faith, the  
free gift of God, you have been clothed in the righteousness of Christ. In  
the name of † Jesus Christ, your sins are forgiven. The Spirit of the One  
who raised Christ from the dead dwells with you, pours God's love into  
your hearts, and gives you strength and sustenance for the journey.

**Amen.**

## MUSIC

## Come to Me, All Pilgrims Thirsty

#777

### Verse 1

"Come to me, all pilgrims thirsty;  
drink the water I will give.

If you knew what gift I offer,  
you would come to me and live."

### Refrain

Jesus, ever flowing fountain,  
give us water from your well.  
In the gracious gift you offer  
there is joy no tongue can tell.

### Verse 2

"Come to me, all trav'lers weary;  
come that I may give you rest.

Drink the cup of life I offer;  
at this table be my guest." *Refrain*

### Verse 3

"Come to me, believers burdened;  
find refreshment in this place.  
Come, receive the gift I offer,  
turn to me and seek my face."

### Refrain

### Verse 4

"Come to me, repentant sinners;  
leave behind your guilt and shame.  
Come and know divine compassion,  
turn to me, I call your name."

### Refrain

## PRAYER OF THE DAY

P: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit, be with you all.

**A: And also with you.**

P: Let us pray together...

**A: O God, the fountain of living water, you quench our thirst and wash away our sin. Give us this water always. Bring us to drink from the well that flows with your truth, your mercy, and your compassion, through Jesus Christ, our Savior and Lord. Amen.**

## Word

### FIRST READING

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do for this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Leader: The word of the Lord.

**ALL: Thanks be to God.**

*\*\* You're invited into a moment of silent prayerful reflection. \*\**

**SPECIAL MUSIC**    **Jesus is a Rock in a Weary Land**    **Spiritual**

**CHILDREN'S SERMON**

## Sending

### COMMUNITY ANNOUNCEMENTS

#### MUSIC

##### Verse 1

Are you thirsty?  
Are you empty?  
Come and drink these living waters.  
Tired and broken,  
Peace unspoken,  
Rest beside these living waters

##### Verse 2

Christ is calling,  
Find refreshing  
At the cross of living waters.  
Lay your life down,  
All the old gone,  
Rise up in these living waters.

##### Chorus

There's a river that flows  
With mercy and love,  
Bringing joy to the city of our God.  
There our hope is secure.  
Do not fear anymore.  
Praise the Lord of living waters.

#### PRAYER OF GOOD COURAGE

*\*\*Please turn to face the back doors as we prepare to go into the world with good courage. You're also invited to join hands with or put your hand on a neighbor near you as a reminder that we do not go forth alone.\*\**

**ALL: O God, you have called us to ventures  
of which we cannot see the ending,  
By paths as yet untrodden,  
Through perils unknown.**

#### Living Waters

##### Verse 3

Spirit moving,  
Mercy washing,  
Healing in these living waters.  
Lead your children  
To the shoreline,  
Life is in these living waters.  
(Chorus)

##### Verse 4

Are you thirsty?  
Are you empty?  
Come and drink these living waters.  
Love, forgiveness,  
Vast and boundless,  
Christ He is our living waters  
(Chorus)

##### Ending

There our hope is secure,  
Do not fear anymore.  
Praise the Lord of living waters.

## MUSIC

### All Who Are Thirsty

Brown/ Robertson

#### Verse

All who are thirsty,  
 All who are weak,  
 Come to the fountain.  
 Dip your heart in the stream of life.  
 Let the pain and the sorrow  
 Be washed away  
 In the waves of His mercy,  
 As deep cries out to deep.  
 (We sing)

#### Chorus 1

Come, Lord Jesus, come.  
 Come, Lord Jesus, come. *(repeat)*

#### Chorus 2

Holy Spirit, come.  
 Holy Spirit, come. *(repeat)*

#### Interlude

As deep cries out to deep.  
 As deep cries out to deep.  
 As deep cries out to deep, we sing

## PRAYERS OF THE PEOPLE

*\*\* sung between spoken petitions \*\**



God bless ev-'ry step that I am tak-ing and bless the earth be-neath my feet. *(repeat)*

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*Table*

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## LORD'S PRAYER

P: Lord, remember us in your kingdom, and teach us to pray...

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

## CHOIR ANTHEM

### Incline Thine Ear

Himmel

*Incline Thine ear, incline Thine ear to us.  
 Incline Thine ear, incline Thine ear to us.  
 Oh Lord, make haste to deliver us; Incline Thine ear, incline Thine ear to us.  
 Oh Lord, make haste to deliver us; Incline Thine ear, incline Thine ear to us.  
 Oh save us; Oh save us for Thy mercy's sake.*

## GOSPEL READING

**John 4:5-30, 39-42**

*\*\* Please stand as you are able \*\**

P: The Gospel according to John the fourth chapter.

**ALL: Glory to you, O Lord.**

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,' for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is

coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Leader: The word of the Lord.

**ALL: Praise to you O Christ.**

*\*\*Please be seated. You're invited into a moment of silent prayerful reflection. \*\**

## SERMON

### MUSIC

### I Heard the Voice of Jesus Say

#611

#### Verse 1

I heard the voice of Jesus say,  
"Come unto me and rest;  
lay down, O weary one, lay down  
your head upon my breast."  
I came to Jesus as I was,  
so weary, worn, and sad;  
I found in him a resting-place,  
and he has made me glad.

#### Verse 2

I heard the voice of Jesus say,  
"Behold, I freely give  
the living water, thirsty one;  
stoop down and drink and live."  
I came to Jesus, and I drank  
of that life-giving stream;  
my thirst was quenched,  
my soul revived,  
and now I live in him.

#### Verse 3

I heard the voice of Jesus say,  
"I am this dark world's light;  
look unto me, your morn shall rise,  
and all your day be bright."  
I looked to Jesus, and I found

in him my star, my sun;  
and in that light of life I'll walk  
till trav'ling days are done.

## CONFESSION OF FAITH

*\*\* Please stand as you are able \*\**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.**

**On the third day he rose again;  
he ascended into heaven,**

**he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## SHARING OF THE PEACE

P: The peace of Christ be with you always.

**A: And also with you.**

P: Let's share a sign of God's peace with one another.

*\*\* Please be seated \*\**

## OFFERING

*We invite you to place your offering in the plates as they are passed around, or to make a gift using the QR code provided here. Thank you for your generosity.*

